

Ecumen Bethany Home Health Services

Effective Date January 2012

Bethel Manor and Winona Shores Apartments offer a full range of personal health care services. A nurse assessment is required prior to receiving services. A registered nurse will determine the levels of care the resident requires. The following provides a brief description of the services provided in each service level.

B12 Injections

The RN provides regular B12 injections for resident.

Bathing Assistance

This service provides assistance with one to three showers per week. This includes observation of skin conditions and application of lotion (if desired). Showers are typically scheduled for approximately 30 minutes each. This does not include dressing assistance. Offered 1-3 times per week as requested.

Coumadin Management

This service includes Registered Nurse coordination with the lab and processing of any changes to the Coumadin dosage per physician order. The Minimum package covers up to 2 Lab workups per month and the Maximum package covers 3 or more Lab workups per month.

Compression Hosiery Assistance

Staff applies and/or removes compression hose. Staff also washes the hosiery and hangs them to dry after removing them.

Diabetic Monitoring Minimum

This is for Residents who are knowledgeable about their diabetes diagnosis, needing minimal assistance. Resident will independently check their glucose levels, staff will monitor results up to two times daily and document in the Resident's record.

Diabetic Monitoring Maximum

This service includes blood glucose checks performed with the Resident's blood sugar machine by trained staff up to 4 times daily. Glucose results are documented in Resident record.

Door Monitor Service

This service is utilized mostly for residents at risk of elopement and who may have significant cognitive impairment. When the resident's door is opened, the Resident Assistant(s) on duty are alerted. A Resident Assistant will personally respond to the resident's apartment, locate the resident and re-direct him/her back to his/her apartment. If the resident needs additional service, additional fees will be charged. The times the door monitor is activated can be customized to meet the resident's needs.

Dressing &/or Grooming – Minimal Assistance

The service includes a customized selection of dressing and grooming services needed by the resident to prepare for the day and/or evening. This service typically takes approximately 15 minutes and may involve personal grooming such as hair care, shaving, oral hygiene, lotion, powder, and/or make-up application. Minimal Dressing and Grooming consist primarily of verbal reminders and/or cueing and less hands-on care. This services is available morning and/or evening.

Dressing &/or Grooming – Total Assistance

The service includes a customized selection of dressing and grooming services needed by the resident to prepare for the day and evening. This service typically averages between 25 and 35 minutes and may involve personal grooming such as hair care, pericare, shaving, oral hygiene, lotion, powder, and/or make-up application. Total

AM Dressing and Grooming consist of primarily hands-on direct care and less verbal reminders and/or cueing. This service is available morning and/or evening.

Escorts

This service includes scheduled and unscheduled escorts to/from meals, activities or appointments such as the Winona Shores dining room, Bethany Chapel, beauty/barber shop, activities or to visit Residents living elsewhere within Bethany Community.

Foot Care (nail care)

This service includes nail trimming and application of lotion if requested. All supplies are included in the fee. This service is performed by a Resident Assistant or RN if medically needed (e.g. residents who are diabetic or on blood thinners). Each session typically lasts about 20 minutes.

Grocery Shopping

Residents turn in their grocery lists to the office. Orders are submitted online, and groceries are delivered weekly on a designated day from Pete's County Market.

Housekeeping

Up to one hour of cleaning is offered weekly or every other week. This service includes vacuuming, light dusting, cleaning the bathroom, kitchen sink and counter surfaces. This service does not include cleaning breakables or moving heavy items such as furniture. Cleaning supplies are included in this service.

Insulin Management Minimum

This service will include the Resident Assistant verifying the prescribed insulin dose and that client is following proper technique when managing insulin. Examples would be assuring the resident is putting on a new needle, priming the needle, rotating injection sites and assuring the insulin has been given.

Insulin Management Maximum

Licensed staff draws up the insulin and the Resident Assistant gives the injection to the client. Or, licensed staff draws up the insulin and the Resident Assistant gives the syringe to the client for self administration. Resident Assistant can verify the pre-drawn insulin but can not set the dose or draw up insulin for a tenant.

Laundry

This includes linens and personal laundry, washed, dried, folded and delivered to the client's door. Package 1 includes up to 2 loads weekly. Package 2 includes up to 2 loads every other week. If there are additional loads, a fee will be assessed. Residents supply their own soap and fabric softener. This does not include ironing of clothing.

Meals

Meals are served at 11:45 a.m. and 5:30 p.m. Both meals are served in the Winona Shores dining room, restaurant-style.

Meal Delivery

If there is a request to have meals from our community room delivered to a Resident's apartment, we will do so for an additional charge. These meals will be delivered in a to-go container.

Meal Sign-up

For residents who are unable to sign themselves up for meals, a Resident Assistant will meet with the resident weekly to get meal choices and sign them up for the upcoming week of meals. If the resident is unable to choose meals, the Resident Assistant will choose the meal and sign him/her up.

Medication Management - Simple or Complex ⁽²⁾ A (1- 2 total passes per day)

Resident receives assistance with administration of the prescribed medication in accordance with doctor's orders with one or two total medication passes per day. Medications may include oral medications, ointments, PRN, and/or eye/ear drops. This service includes Medication Set-up; however, the facility will be responsible for storing and handling the container/pillbox between set-ups. The facility will provide a locked drawer/container for medications.

Medication Management - Simple or Complex ⁽²⁾ B (3+ total passes per day)

Resident receives assistance with or administration of the prescribed medication in accordance with Doctor's orders with three or more medication passes per day. Medications may include oral medications, ointments, PRN, and/or eye/ear drops. This service includes Medication Set-up; however, the facility will be responsible for storing and handling the container/pillbox between set-ups. The facility will provide a locked drawer/container for medications.

Medication Setup Only

Resident is able to take medications on his/her own, but requests an RN to set-up medications in containers labeled for the day of the week. The Resident is responsible for storing and handling the container between set-ups. This service includes medications changes.

Nursing Services

A registered nurse will provide assistance upon client's request. This will include nursing assessments for medical conditions as needed. Services are billed in 15 minute increments.

Nutritional Support

This service provides assistance for the resident at meal times. Assistance may include setting up food, i.e., thickening, puree, and encouragement to eat. Emphasis is on assisting the resident to eat independently.

Pendant Response Service

This service includes a pendant that the client wears and pushes in case of a medical emergency or to request help (assistance to the bathroom, medical questions or concerns, general assistance). The call for help will be answered by our 24 hour staff. The pendant comes with a necklace chain; however wristbands are available for purchase separately. Additional charges may apply for non-emergency services received.

Personal Hygiene Assistance

This service includes bathroom assistance on a schedule or as needed. When receiving this service, there are no additional charges for unscheduled bathroom assistance during daytime or nighttime hours. Service is provided to promote skin integrity and personal hygiene 24 hours/day. This service may include the ordering of incontinence products per request. This includes transfer assistance by one staff person only. *Resident must also purchase the pendant response service in order to benefit from unscheduled personal hygiene assistance.

Post Cataract Care

Following cataract surgery, trained staff will administer eye drop medications as prescribed for the duration of treatment.

Reassurance Checks

This service provides scheduled and unscheduled checks on residents. This service is commonly used for someone at risk for falls, unable to utilize his/her call pendant, recovering from an illness or health procedure, has anxiety or confusion, or prefers isolation. Safety checks do not include any personal care and if personal care is requested or required, an additional charge may be assessed.

Regularly Scheduled Resident Assistant Tasks - A

This service provides up to 15 minutes a day ⁽¹⁾ with regularly scheduled home health aide tasks such as exchange oxygen tanks, nebulizer, catheter bag service, ostomy, simple wound dressing changes, or vitals.

Regularly Scheduled Resident Assistant Tasks - B

This service provides up to 30 minutes per day ⁽¹⁾ for regularly scheduled home health aide tasks such as refilling oxygen tanks, nebulizer, catheter bag service, ostomy, simple wound dressing changes, or vitals.

Resident Assistant Services

Resident Assistants will provide assistance upon client's request. This will include any service requested by the client that is not on the client's current schedule of services and is not covered under a different service category. Services are billed in 15 minute increments.

Therapeutic Ambulation

This service includes stand by assistance of one resident assistant to assist in walking for exercise or range of motion within the building up to two times per day, 15 minutes each session.

Vital Sign/Weight Management

Staff will weigh and monitor blood pressure, pulse, respiration and temp. Client's weight and vital signs are checked. The pendant response system is tested.

Whirlpool Spa Bath

This service lasts approximately 45 minutes including assistance getting into/and out of the whirlpool, approximately 20 minutes in the whirlpool, assistance drying off, and lotion application. Optional spa features include aromatherapy, relaxation music, and warmed towels.



**Bethel Manor and Winona Shores
Housing with Services
Service Levels and Health Care Fees
Effective Date January, 2012**

Bethany Home Health Services offers a full range of personal health care services at Bethel Manor and Winona Shores Apartments. A pre-assessment prior to move-in may be conducted and a full nurse assessment is required prior to receiving services. A registered nurse will determine the levels of care the resident requires. The following menu outlines the service levels available at Bethel Manor and Winona Shores apartments.

<u>Services</u>	<u>Cost</u>
B-12 Injections	\$25/Injection
Bathing Assistance 1	\$105.00/month
Bathing Assistance 2.....	\$210.00/month
Bathing Assistance 3.....	\$315.00/month
Coumadin Management, Minimum.....	\$40.00/month

Coumadin Management, Maximum.....	\$80.00/month
Compression Hosiery Assistance.....	\$300.00/month
Diabetic Monitoring, Minimum	\$150.00/month
Diabetic Monitoring Maximum	\$350.00/month
Door Monitor Installation.....	\$25.00
Door Monitor Response.....	\$5.00/response
Dressing and Grooming – Minimal Assistance 1x/day	\$265.00/month
o 2x/day	\$530.00/month
Dressing and Grooming – Total Assistance 1x/day.....	\$440.00/month
o 2x/day	\$880.00/month
Escorts	\$5.00/escort
Foot Cares.....	\$30.00/session
Grocery Shopping.....	\$60.00/month
Housekeeping – weekly.....	\$150.00 month
Housekeeping – every other week.....	\$75.00 month
Insulin Management Minimum.....	\$200.00/month
Insulin Management Maximum.....	\$400.00/month
Laundry 1 –.....	\$120.00 month
Laundry 2-	\$60.00/month
Laundry- Individual loads.....	\$15.00/load
Meals.....	\$7.00 each
Meal Delivery.....	\$3.00/delivery
Meal Sign-up.....	\$30.00/month

Medication Administration.....300-\$600/month

MEDICATIONS	<i>Simple</i> Seven (7) or Fewer Medications	<i>Complex</i> Eight (8) or More Medications
Medication Management <u>One or Two Passes per Day</u>	Simple A: \$300.00	Complex A: \$400.00
Medication Management <u>Three + Passes per Day</u>	Simple B: \$500.00	Complex B: \$600.00

Medication Setup Only	\$195.00 month
Nursing Services.....	\$35.00/15 minutes
Nutritional Support.....	\$150.00/month
Pendant Response Service	\$34.00/month
o Pendant Replacement Fee.....	\$150.00 per replacement
o Optional Wristband.....	\$20.00 each
Personal Hygiene Assistance.....	\$20.00/15 minutes
Post Cataract Care.....	\$480.00/month
Reassurance Checks 1	\$60.00/month
Reassurance Checks 2	\$120.00/month
Reassurance Checks 3.....	\$180.00/month
Reassurance Checks, Unscheduled/as needed.....	\$5.00/check
Regularly Scheduled Resident Assistant Tasks A.....	\$200.00/month
Regularly Scheduled Resident Assistant Tasks B.....	\$400.00/month
Resident Assistant Services.....	\$10.00/15 minutes
Therapeutic Ambulation.....	\$200.00/month
Vitals.....	\$10.00/check
Whirlpool Spa Bath.....	\$45.00/spa bath

Other Information

- ◆ The resident or his/her responsible party must provide supplies required for the delivery of care, excluding housekeeping supplies. The cost of the supplies is not included in the cost of the health care services. Some supplies are available at an additional charge. The cost of supplies is available upon request.
- ◆ Nursing staff can assist residents to coordinate other services such as foot care, physical, occupational, and speech therapies for an additional fee.
- ◆ Detailed descriptions of all service levels will be provided upon request.

