

How to Determine if a Senior Is Ready To Move to a Nursing Home/ Assisted Living:

- 1** Keep in mind that the culture is changing; more and more elderly are staying in their own homes, assisted living or independent apartments longer. Bethel Manor I, II and Winona Shores are Bethany's Independent and Assisted Living Communities. They offer 24 hour home health care to residents in these apartments. For more information about 24 hour services, call Bethel Manor's or Winona Shores' Housing Director or their Social Service Department. We also have the Service Descriptions listed on our website.
- 2** Discuss moving into a skilled nursing facility (SNF), or nursing home, if a senior needs 24-hour continuous nursing care or is no longer safe in their own home. Safety issues can include leaving the burners on, not closing doors or inability to navigate dangerous stairwells.
- 3** Is the senior aware of his/her surroundings? If not, this may be a sign of memory impairment and there may be a need 24-hour care.
- 4** Can the senior still transfer in and out of bed and take baths and showers alone? Is he/she able to dress by herself? Is he/she continent?
- 5** Look at a senior's daily activities. Are they able to cook three meals a day, clean their home and do the laundry? Or do they require assistance with these kinds of activities?
- 6** If your parent is residing alone and is at risk for injury from falls, it may be time to consider placement in a Long Term Care Facility.
- 7** If your parent suffers from incontinence, it may be time to consider a transitional living arrangement.
- 8** If your parent's cognitive abilities are changing and they can no longer maintain independence, it may be time to consider a Long Term Care Facility.