

## What To Bring

It is important to make your loved ones new room as personal as possible. Bring any items that you can think of that they have cherished such as a picture, quilt or books. Try to use this time to talk about memories with family and friends. We have provided a list to use as a guide for clothing that could be brought. Remember, your loved one can bring whatever clothing they want and this is only a guide.

### **Women**

#### ***Clothing***

5-8 dresses (back-snap dresses if incontinent)  
5-8 changes of underwear  
6 pairs of socks or stockings  
2 pairs of slippers  
2 pairs of shoes  
3-6 pairs of pajamas or gowns  
2 robes  
3 sweaters  
Coat and hat/scarf/mittens

#### ***Personal Care Items***

Toothbrush  
Deodorant  
Body lotion  
Powder  
Shampoo  
Hairpins and roller (if used)  
Brush and comb  
Make-up/cosmetics (if used)  
Writing materials  
Small standing cosmetic mirror for table

### **Men**

#### ***Clothing***

5-8 pants/shirts  
5-8 changes of underwear  
2 pairs of shoes  
8 pairs of socks  
2 pairs of slippers  
3-6 pairs of pajamas  
2 robes  
3 sweaters  
Coat and hat/scarf/mittens

#### ***Personal Care Items***

Toothbrush  
Deodorant  
Body lotion  
Powder  
Shampoo  
Shaving equipment  
Brush and comb  
Writing materials